

# INFORMATION LEAFLET - MYCOHEPAR

## Food supplement – capsules

**Food supplement – capsules With the strength and synergy of a carefully balanced complex of rare mushrooms and herbal extracts. According to the Five Element Regeneration® concept, Mycohepar belongs to the element of Wood.**

### INGREDIENTS IN 1 CAPSULE:

Extract of lion's mane mushroom (*Hericium erinaceus*) 196 mg, extract of oyster mushroom (*Pleurotus ostreatus*) 131 mg, herbal capsule (HPMC), extract of valerian (*Valeriana officinalis*) 98 mg, extract of dandelion (*Taraxacum officinale*) 65 mg, stabilizer – magnesium salts of fatty acids.

### RECOMMENDED USE:

1 capsule 3x per day. Take the capsules for 3 weeks, then take a 1-week break. Increase your liquid intake while taking this product. Do not exceed the recommended daily dose!

### WARNING:

Not intended for use by children. Consult your physician before using this product if you are pregnant or breastfeeding. Food supplements are not a substitute for a varied and balanced diet.

### **STORAGE:**

Store in a dry place, away from direct sunlight, at temperatures between 10 and 25°C. Protect from freezing temperatures. Keep out of reach of children.

### **BEST BEFORE:**

See date on the box and the blister pack.

### **TOTAL WEIGHT OF 1 CAPSULE:**

620 mg

### **CONTENTS:**

90 capsules

### **PRODUCER:**

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EAN – 8594069933338